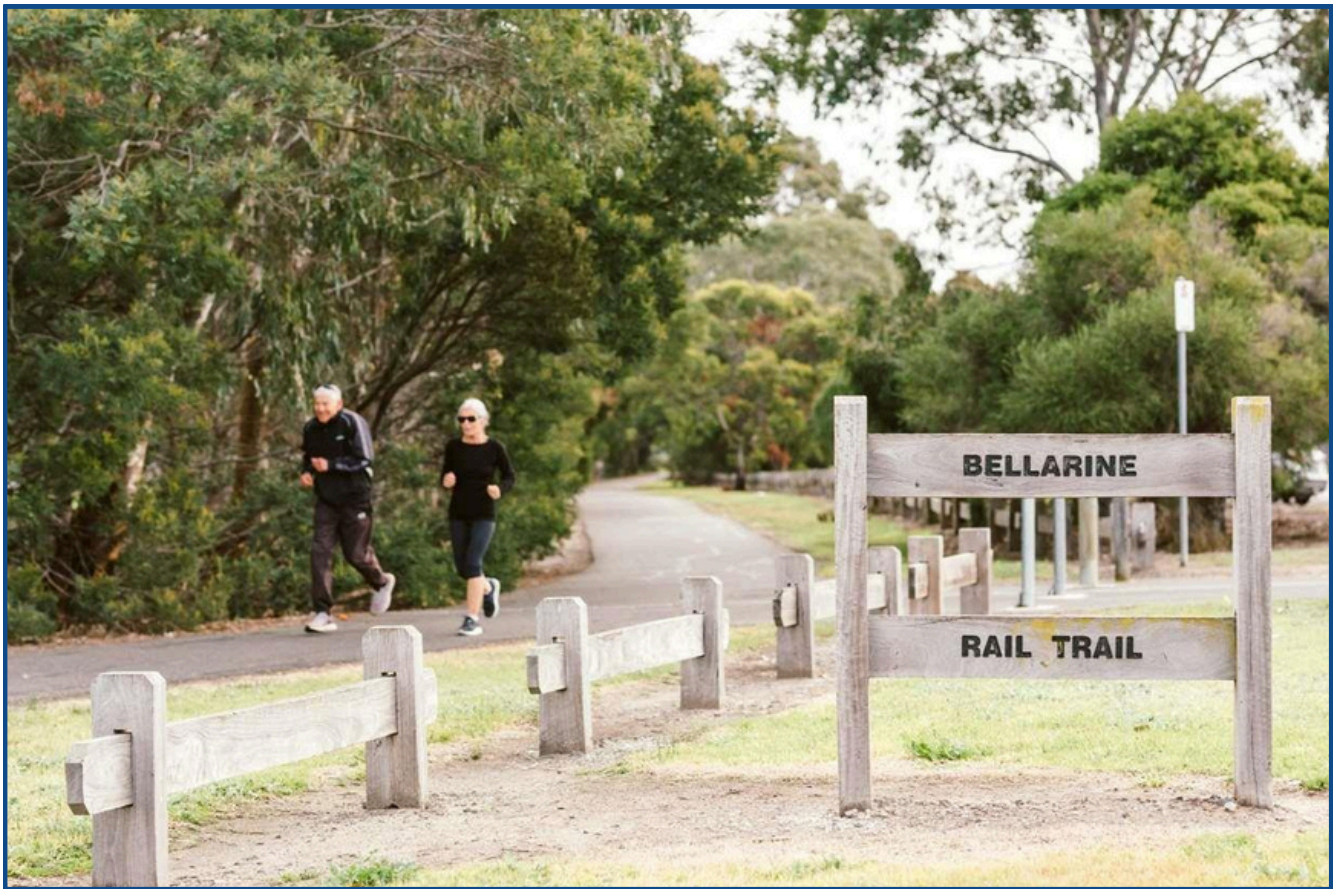


BELLARINE
SPRINGS



Bellarine Springs Newsletter June 2026



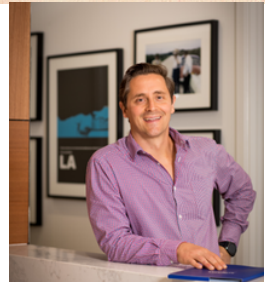
Bellarine Rail Trail

A message from our Village Manager

KENT HODGSON

Village updates

As winter settles in across the Bellarine, the cooler temperatures and welcome rainfall are providing much-needed relief to our gardens and green spaces after a challenging dry period. The changing season also brings new opportunities to connect through the many activities and events on offer throughout the village. We would like to extend a warm welcome to all residents who have recently joined the Bellarine Springs community and hope you are settling in well and enjoying everything village life has to offer.



Over the past month, a number of important maintenance and improvement works have been completed across the village. The pool air handling boiler and spa dosing unit have both been replaced to ensure continued reliability and comfort for residents. Routine servicing has also been completed on the tennis court maintenance equipment and billiards table to keep these facilities in excellent condition. In addition, further CCTV cameras have been installed throughout the village to enhance security and provide greater coverage across key areas of the community.

Village Master App

If you have not yet activated your Village Master App. Please make an appointment time with Hayley or Meagan at Reception and we will set it up for you. You can download the app in your App Store on your phone, or wait and we can help you with it.

Welcome

New Residents

Welcome to Bellarine Springs! We are delighted to welcome many new faces over the last month to our community and hope you are settling into your new home comfortably.

Our team is here to support you every step of the way, so please feel free to speak with any staff member if you have questions or need assistance—there is no such thing as a silly question. The Bellarine Springs Residents Committee is also available to help you settle in, make new connections, and get the most out of village life.

We encourage you to explore the many activities, events, and social opportunities available throughout the village. Be sure to visit the Activity Station, Events Noticeboard, and Library to discover what's happening and find ways to get involved.

We look forward to meeting you and hope you enjoy everything our welcoming and vibrant community has to offer.

A message from our Sales Manager- Fiona Olin

As many of you may have seen, Stage 10.4 is now complete, with strong progress continuing on the final release, Stage 10.5.

We currently have 22 homes in Stage 10 sold or under offer, with another 20+ homes progressing steadily. We are now approaching the halfway mark – an exciting milestone for our growing community.

You may also have noticed an influx of new residents calling Bellarine Springs home, with six settlements taking place in June (four established homes and two new builds), and another five scheduled for July (three established homes and two new builds).

I know many of our new residents have already attended our weekly happy hours, monthly morning teas, and special events, where they've been warmly welcomed.

Thank you all for your introductions, kindness, and ongoing support in making Bellarine Springs such a welcoming community.

A huge thank you to the wonderful team from The Centre of Excellence Geelong for treating residents and guests to beautiful pampering hand treatments in May.

A special shout-out also to Alan N and our residents who raised funds for Geelong Animal Welfare Society (GAWS). Together, we raised \$215, which is a fantastic contribution – thank you all for your generosity.

This is yet another example of the many activities and community connections we are proud to foster at Bellarine Springs as we support one another, give back to the broader community, and create opportunities for relaxation and connection.

Thank you also to Michael and Cathy from Pinnacle for supplying the rocky road for the students and morning tea.



Resident Feedback

We recently received this lovely feedback from one of our newest residents:

Hi Fiona,

We are both well and loving our new home.

The house itself is warm and inviting and already feels like home after such a short period of time.

There is still plenty of unpacking and organising to do, but there's no rush.

The village has exceeded all our expectations. The staff and residents go out of their way to assist.

The facilities and activities are amazing, with plenty of opportunities to participate and enjoy your time within the village.

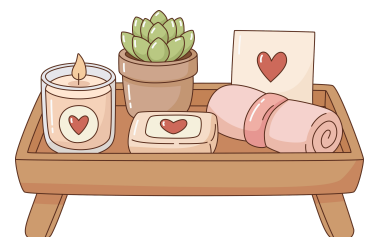
My experience has been amazing – it was a great decision to move into such a safe and secure environment. We will never look back. Regards, Chris

Thank you to our entire team for your continued help and support – it truly is a team effort.

Stay warm during these cooler months, and to those travelling to warmer climates – lucky you!

Big smiles and waves,

Fiona Olin
Sales Manager
0455 112 360



GARDENING GROUP UPDATE

As June arrives, so does winter.

We are hoping for a few colder days for our brassicas (cabbage, cauliflowers etc) to grow well.

Rhubarb stems have been slowing down, so we have started chopping back. Keep a lookout for plants if you would like to grow some yourself. Last bunches of rhubarb still available for you to cook up with apples to have with your porridge or perhaps as a winter pudding.

Peas are now starting to flower and grow well so we should have some over the coming weeks.

Big thank you to Geoff Turner who kindly shared his bountiful pumpkin crop.

Thank you to Sandra Adams for some early passion fruits and as always thank you to Marg Linke for regular supply of curly parsley

Lovely residents keep warm,
eat well and enjoy our village life.

Maria R



GROUNDS AND MAINTENANCE TEAM REPORT

During winter, our team are adjusting soil PH levels, fertilizing, feeding and treating village grounds in preparation for replacement plants and trees to be planted in Spring.

G&M are also working to clear fallen leaves, prune trees and keep weeds under control.

Even in the depths of winter, plants are still feeding and hungry for nutrients. Add some seaweed solution to the soil. This will help build plant resilience and promote strong root growth.

Add a layer of mulch too. It will help protect the soil, your plant's roots and suppress weeds. If you're using pea straw, it will also add nutrients to the soil as it breaks down.

Also, don't forget to water potted plants, as they will still dry out during the wetter months.

Thanks,
Nathan



Bellarine Springs Residents Association Presidents Report



What a super busy month May was. I hope you were able to attend some, if not all, of the events that took place.

Welcome to the new residents who have made the decision to call this wonderful village home. It takes time to settle in, new surroundings, many new faces to put a name to (this can really take quite some time so don't fret), and sometimes a feeling of loss. This too will take some adjustment, however remember each and every resident here has had to do the same so please reach out for assistance, you are not alone.

I will keep on applauding the many good samaritans we are privileged to have within the village. Always there to lend a helping hand and many times behind the scenes and without reward. You know who you are and we thank you whole heartedly.

Another fun month ahead as the activity station will attest to. All events are listed there so please take time to have a browse and take advantage of what is on offer. Some events have number limits and you may need to be quick if you don't want to miss out.

As Forrest Gump said: "Life is a box of chocolates"
Keep Warm, Stay Safe.

Kind regards,

Sue Kuter



Parties in The Pavilion.

At Bellarine Springs, having our own Pavilion is a great perk. This space lets us host various events, from small get-togethers to big parties, making it easy to connect with friends and neighbors. A recent event celebrated four May birthdays, showing how the Pavilion brings us together. Whether it's a tea or a big bash, the Pavilion is perfect for making memories and enhancing our community life.





five.good.friends

Supporting your immune health

At Five Good Friends, we believe that healthy lifestyle choices support healthy ageing. Having access to the support and care that you need, when you need it, is incredibly important.

As we transition into winter, cold and flu bugs will be circulating, so it's important to stay focused on your immune health. Fortunately, there are many ways you can support your body to fight and recover from infection.

A diet that is high in vegetables, fruit and wholefoods will expose you to a wide variety of nutrients that support immune health. Zinc and Vitamin C are especially important for immune function. Zinc-containing foods include oysters, pumpkin seeds, and broccoli. Red capsicum, kiwi fruit and citrus fruits are high in Vitamin C. Vitamin D has also been shown to have an important role to play in immune health. Speak to your GP about monitoring your Vitamin D levels in the colder months.

Remaining physically active, eating and sleeping well, having satisfying social relationships, and managing stress are not only the fundamentals of healthy living, they also enable your immune system to perform at its best. Research has shown that feeling happy can give your immune system an extra boost. People who are more socially connected to family, friends and the community are not only happier, but they are also physically healthier and live longer than people who are less connected.

Five Good Friends understands that some of the most important choices in life are those that support the ability to stay in the home and community you love. Even if you just need a helping hand with housework, supermarket shopping or someone to share a cuppa with, we identify the type of support person that will be best suited to you and match you carefully.

Your Nurse Concierge, Tiaha can advise on your eligibility for government funding, discuss your individual care needs and support you to apply for an assessment with My Aged Care.

Tiaha is next in your village on Wednesday 10th and 24th June. Book your 1:1 consultation through village reception or call 1300 787 581.

Get the right support at home, and stay **independent and connected**









Call 1300 787 581
fivegoodfriends.com.au


 five.good.friends

Our home care services

Here are just some of the services we provide in your village:

-  Domestic support
-  Companionship
-  Transport
-  Personal care
-  Nursing
-  Allied health services

Call 1300 787 581
fivegoodfriends.com.au

 five.good.friends



Introducing your Nurse Concierge
Tiaha Holdsworth

Tiaha is here to support you in your ageing well journey and can provide guidance about support at home.

Fill out the booking sheet at reception for a 1:1 appointment. Contact our Care Advice team on 1300 787 581 with any questions.

E: tiaha.holdsworth@fivegoodfriends.com.au



MOVIES



Can we really be halfway through the year already? I hope these two offerings are going to be enough to entertain. No comedies this time round but an interesting romantic and a thriller you may have missed.

Sliding Doors starring Gwyneth Paltrow, John Hannah and Jeanne Tripplehorn. The title comes from Paltrow who slides between two parallel storylines each depending upon whether she does or does not catch her morning train. Romantic entanglement, deception, trust, friendship and comedy all come together.



Thursday June 11th @ 2.30pm

Narrow Margin stars Gene Hackman and Anne Archer. Set in Canada an intense LA District Attorney is determined to force an unwilling murder witness back to the US. Pursued by deadly hitmen twenty hours of cat and mouse, life and death are played out onboard a Vancouver bound train.

Thursday June 25th @ 7.00pm

Hope these two grab you as we head into winter.
See you at the movies
David



GAWS

Fundraiser

Pamper Session

A huge thank you to the wonderful team from The Centre Of Excellence Geelong for treating our residents and guests to some beautiful pampering hand treatments this week! The girls spent the day massaging and manicuring hands while sharing plenty of chats, cake, and coffee along the way - creating such a warm and enjoyable atmosphere for everyone involved. We're also thrilled that the gold coin donations raised will go towards supporting the amazing work of the Geelong Animal Welfare Society (GAWS) and the care they provide for abandoned animals. Just another example of the many activities and community connections we're proud to offer at Bellarine Springs to support resident wellbeing and meaningful engagement!



THE CENTRE OF EXCELLENCE



Chez Chez Fashion Parade



At Bellarine Springs we were recently treated to a stylish and highly personal fashion experience, as Chez Chez Boutique brought its unique approach to fashion directly to their community.

Run by Cheryl, Chez Chez Boutique - meaning "House of Cheryl" in French - offers a complimentary styling service alongside a thoughtfully curated collection of Italian, vintage, and Australian designs in sizes 8–20. With years of experience in the fashion industry, including previously owning a retail boutique in Melbourne, Cheryl has now created a more intimate showroom setting from her home, open by appointment a few days each week.

Thank you to our beautiful models that volunteered, you did an amazing job, and could not have done the successful event without you.



Fifth Avenue Collection of Beautiful Jewellery



The Fifth Avenue Collection visited, bringing elegance to our village.



We were fortunate to have John Parker, a former Survey General of Victoria deliver a very interesting and fascinating presentation to residents on Tuesday 12th May. John highlighted the many responsibilities and challenges involved in being the Surveyor General - a role which most people do not understand. He reported that the land ownership registration system adopted in Australia mid-19th century - The Torrens System - was a world first which other countries are still in the process of adopting. He gave examples of the problems arising from the time of determining State borders. Problems in some cases e.g. the Victorian-South Australian Border have led to legal challenges still not finally resolved. Because the NSW/Vic border is along the Victorian bank of the river, Victorians fishing along most of the Murray River face the conundrum that if they catch any fish they may need a NSW fishing licence! (could be a red herring?). John also has played a big role in determining geographical place names both in Australia and as a UN advisor. More recently he has worked for the Australian Electoral Commission in providing professional advice on Electorate boundaries.

He loves maps and we collectively bemoaned the fact that hard copy sheet maps (topographical, detailed road maps, etc) have largely disappeared. We all agreed with him that computer-based maps serve their purpose but will never be a substitute for the joy of poring over a large-scale map.

This VIP session gave residents new insights into the role of Surveyors General and the impact their work has on many aspects of the way our society operates. The 20 residents who attended were thoroughly interested in John's presentation and amused by his numerous anecdotes and personal experiences.



Singles Group



One of our members from the Singles Group suggested that we have a Chinese meal sometime, so this month 16 of us from the group went to the Chinese restaurant in Drysdale and what a good evening we had. Not only was the company good but both the food and service was second to none, in fact most of us had to take boxes home to eat the next day as there was so much. If there are any newish single people who would like to join our group or even people who have lived in the village for some time then please let either Rita or Lyn know and we will put you on the list and you will get an email regarding our next event. Tuesday at Happy Hour from 5.0pm we have a singles table so why not come down to the Community Centre and join us as we always have a good laugh and make everyone welcome,

Kind Regards Rita

Monday

Tuesday

Wednesday

Thursday

1
8:45 am: Cycling Group
9am Gardening group
10am Chair Yoga at Pav
11am: Aqua
1pm:Aqua
1 pm: Mahjong at CC
2:pm: Rumikub at CC
1:30pm: Scrabble at CC
3pm: Book Club in Boardroom

2
9am: Walking group
10am CPR training at CC
1pm: Craft at pavilion
2pm: Chicks Cue Sticks
1:30pm: Pickleball
2pm: Indoor bowls at CC
5pm: Sundowners

3
9.15 am: Bus to Drysdale
9am Social Tennis
9.30am Tai Chi at Pavilion
1pm: Mahjong at CC
2 pm: Rummikub
5pm Zumba at CC

4
[Matts Maintenance Day](#)
9.30am Exercise - Penny
11:00am: Aqua
1:30 pm: Social Bridge
2pm: Golf Croquet
2pm: Indoor bowls at CC
2pm: Cuppa and games
2pm Blokes, Billards, Beers at CC



Office closed Public Holiday

8
8:45 am: Cycling Group
9am Gardening group
11am: Aqua
1pm:Aqua
1 pm: Mahjong at CC
2:pm: Rumikub at CC
1:30pm: Scrabble at CC

9
9am: Walking group
10:30am: Birthday
Morning Tea
1pm: Craft at pavilion
2pm: Chicks Cue Sticks
1:30pm: Pickleball
2pm: Indoor bowls at CC
5pm: Sundowners

10
9.15 am: Bus to Drysdale
9am Social Tennis
9.30am Tai Chi at Pavilion
1pm: Mahjong at CC
2 pm: Rummikub
5pm Zumba at CC

11
9.30am Exercise - Penny
11:00am: Aqua
1:30 pm: Social Bridge
2pm: Golf Croquet
2pm: Indoor bowls at CC
2pm: Cuppa and games
2pm Blokes, Billards, Beers at CC
2:30pm: "Sliding Doors"

15
8:45 am: Cycling Group
9am Gardening group
10am Chair Yoga at Pav
11am Aqua
1pm: Aqua
1 pm: Mahjong at CC
2:pm: Rumikub at CC
2 pm: Scrabble at CC

16
9am: Walking group
1pm: Craft at pavilion
1:30pm: Pickleball
2pm Chicks Cue Sticks
2pm: Indoor bowls at CC
5pm: Sundowners

17
9.15 am: Bus to Drysdale
9am Social Tennis
9.30am Tai Chi at Pavilion
1pm: Mahjong at CC
10am Social Tennis
2 pm: Rummikub
2pm Homestead Visit
5pm Zumba at CC

18
9.30am Exercise - Penny
11am Aqua
1:30pm: Bridge at Pav
2pm: Golf Croquet
2pm: Indoor Bowls CC
2pm:Cuppa & game
2pm: Blokes, Billard & Beers CC

22
8:45 am: Cycling Group
9am Gardening group
10am Chair Yoga at Pav
11am Aqua
1pm Aqua
1 pm: Mahjong at CC
2:pm: Rumikub at CC
1:30pm: Scrabble at CC
7:00pm: Trivia

23
9am: Walking group
1pm: Craft at pavilion
1:30pm: Pickleball
2pm Chicks Cue Sticks
2pm: Indoor bowls at CC
5pm: Sundowners

24
9.30 am: Tai Chi Pavilion
9am Social Tennis
9.30am Tai Chi at Pavilion
1pm: Mahjong at CC
2pm: Rummikub
5pm Zumba at CC
7pm: Whisky Club Pav

25
9.30am Exercise - Penny
9.30am - Village Outing
11am Aqua
1:30pm: Bridge at Pav
2pm: Golf Croquet
2pm: Indoor Bowls CC
2pm: Cuppa & game
2pm: Blokes, Billard & Beers CC
7pm: "Narrow Margin"

29
8:45 am: Cycling Group
9am Gardening group
10am Chair Yoga at Pav
11am Aqua
1pm Aqua
1 pm: Mahjong at CC
2:pm: Rumikub at CC
1:30pm: Scrabble at CC




30
9am: Walking group
1pm: Craft at pavilion
1:30pm: Pickleball
2pm Chicks Cue Sticks
2pm: Indoor bowls at CC
5pm: Sundowners



Friday

Saturday

Sunday

<p style="text-align: right;">5</p> <p>9am Gardening group 10am: Musical Mornings 1pm: Mahjong at CC 2pm: Rummikub at CC 5pm: Happy Hour at CC</p>	<p style="text-align: right;">6</p> <p>10am: Pickleball</p>	<p style="text-align: right;">7</p> <p>2pm Left, right and centre at Community centre 2pm: Board Games in cc</p>	<p style="text-align: right;"></p> <p>Village Handyman Matt: 4th of June from 9am. Book in at reception \$15 per 15 minutes</p>
<p style="text-align: right;">12</p> <p>9am: Gardening group 10am: Musical Mornings 10:00am: Fish Van 10am: Biggest Morning Tea CC 12.40am Intergenerational program at Pavilion 1pm: Mahjong at CC 2pm: Rummikub at CC</p>	<p style="text-align: right;">13</p> <p>10am: Pickleball</p>	<p style="text-align: right;">14</p> <p>2pm Left, right and centre at Community centre 2pm: Board Games in cc</p>	<p>Hairdresser Sally is located in the community centre hairdressing salon. Please contact her direct on 0428 150 094 to arrange your appointment.</p> <p style="text-align: right;"></p>
<p style="text-align: right;">19</p> <p>9am Gardening group 10am: Musical Mornings 10am Westfield Bus 1pm: Mahjong at CC 2pm: Rummikub at CC 5pm: Happy Hour at CC</p>	<p style="text-align: right;">20</p> <p>10am: Pickleball</p>	<p style="text-align: right;">21</p> <p>2pm Left, right and centre at Community centre 2pm: Board Games in cc</p>	<p>Hairdresser - wed only Karon is located in the community centre hairdressing salon. Please contact her direct on 0427 565 735 to arrange your appointment, Wed only.</p>
<p style="text-align: right;">26</p> <p>9am Gardening group 10am Bus to Westfield 10am: Musical Mornings 12.40am Intergenerational program at Pavilion 1pm: Mahjong at CC 2pm: Rummikub at CC 5pm: Happy Hour at CC</p>	<p style="text-align: right;">27</p> <p>10am: Pickleball</p>	<p style="text-align: right;">28</p> <p>2pm Left, right and centre at Community centre 2pm: Board Games in cc</p>	<p>Physiotherapist Keegan FitzGerald is located in the practioners room in community centre 0411 096 099 to schedule appointments.</p> <p style="text-align: right;"></p>

Jenkins Fish Van
Time slot has changed to 10-10.30am
Friday 12th.

